



Bolton Sailing Club

Belmont Reservoir, Belmont, Bolton, BL7 8BD
Commodore R Craig, Secretary Mrs J Courtney

New Members Co-Ordinator

Lynne Hagan 6 Haxey Walk, Horwich, Bolton BL6 5HT.

Telephone 07702 153007, e-mail newmembers@sail.org.uk

Dear Participant,

Thank you for your application for the Introduction to Sailing Programme. Please find enclosed a copy of the Course Programme. If you have any queries please don't hesitate to contact me.

Health and Safety

Buoyancy aids will be provided by the club and are compulsory for everyone on or around the water. At all times when you are on the water the reservoir will be supervised by motor boats. However, please be aware that capsizing is not uncommon in dinghy sailing, and whilst it is not our intention that you should finish up in the water you should bring with you a towel and a set of dry clothes, just in case!

Clothing

You won't need to buy any specialist clothing for this Introduction to Sailing workshop but for the two Thursday evening sessions when you will be on the water you should wear old clothes. It can be colder on the water than you might expect and several layers are warmer than a single thick layer. A waterproof jacket (and trousers if you have them) can be very useful (we won't let a few drops of rain put us off). We suggest that you bring a pair of gloves to protect your hands from the ropes and strings you will be pulling and perhaps a woolly hat. For your feet we suggest that you wear old trainers – you should be prepared to get your feet, shoes and socks wet, but please don't wear wellies.

Weather

The smooth running of the workshop is dependent on favourable weather for the final two, water based sessions. We will only take you on the water in suitable weather conditions. If the weather is unsuitable we will rearrange the sessions.

I look forward to seeing you there – *I should be holding a clip-board to check you in!*

Lynne

Lynne Hagan

New Members Co-ordinator.



Bolton Sailing Club: Introduction to Sailing 2010

Programme

Tuesday, 4th May

- | | |
|---------------|---|
| 6.30 – 7.00pm | Arrival |
| 7.00 | Introduction and Welcome |
| 7.20 | Boat Familiarisation |
| 8.15 | Sailing Theory / Clothing / Health & Safety |
| 9.00 | Bar! |

Thursday, 6th May

- | | |
|---------------|---------------------------------|
| 6.30 – 7.00pm | Arrival |
| 7.00 | Briefing |
| 7.10 | Boat Rigging |
| 7.20 | Sailing – Practice on the water |
| 8.30 | Boats away and change |
| 9.00 | Bar again |

Thursday 13th May

- | | |
|---------------|---------------------------------|
| 6.30 – 7.00pm | Arrival |
| 7.00 | Briefing |
| 7.10 | Boat Rigging |
| 7.20 | Sailing – Practice on the water |
| 8.30 | Boats away and change |
| 9.00 | Bar – yippee |



Bolton Sailing Club

Introduction to Sailing Workshop Entry Form - 2010

The Introduction to Sailing Course at Bolton Sailing Club is intended as a “taster” to enable participants to experience dinghy sailing. It is not designed to teach participants to sail.

I wish to apply for the Introduction to Sailing Course at Bolton Sailing Club. I understand that participation is at my own risk. I enclose my cheque, payable to “Bolton Sailing Club”

Name(s) (please print)	
Address (If you are applying for more than one place, please provide one address)	
Post Code	
Telephone number(s)	Home: Mobile:
e-mail	
Where did you find out about the workshop?	

(signed)..... (date).....

Please calculate your payment at £40 per adult, £15 per child.

Please return this form, with payment, to the address:

Lynne Hagan 6 Haxey Walk, Horwich, Bolton BL6 5HT.